

## ADVANCED REVIEW

# What do implicit measures measure?

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## Abstract

We identify several ongoing debates related to implicit measures, surveying prominent views and considerations in each. First, we summarize the debate regarding whether performance on implicit measures is explained by conscious or unconscious representations. Second, we discuss the cognitive structure of the operative constructs: are they associatively or propositionally structured? Third, we review debates about whether performance on implicit measures reflects traits or states. Fourth, we discuss the question of whether a person's performance on an implicit measure reflects characteristics of the person who is taking the test or characteristics of the situation in which the person is taking the test. Finally, we survey the debate about the relationship between implicit measures and (other kinds of) behavior.

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## 1 | INTRODUCTION

Research on implicit social cognition suggests that people can act in biased ways without intending to do so. The advent of implicit measures has given researchers tools to capture unintended biases in precise and empirically tractable ways. Most generally, implicit measures assess people's thoughts and feelings without having to ask them directly, “What do you think about X?” The most well-known implicit measure—the Implicit Association Test (IAT; Greenwald, McGhee, & Schwartz, 1998)—accomplishes this by measuring the speed and accuracy with which people sort different kinds of stimuli (e.g., images of black and white men, and positive and negative words) into different categories (e.g., *European American*, *African American*, *Good*, and *Bad*). When participants are forced to sort target objects in ways that conflict with common social stereotypes and prejudices—for example, by responding to “good” words and black faces with the same key—they tend to show slower responses and make more mistakes. Other implicit measures, such as the Affect Misattribution Procedure (AMP; Payne, Cheng, Govorun, & Stewart, 2005), ask participants to make evaluative judgments about ambiguous target images (e.g., Chinese pictographs for English speakers) after priming them with briefly presented stimuli (e.g., images of black men). Extensive research suggests that people's evaluations of the ambiguous target stimuli are systematically affected by the presentation of primes, despite that test participants are told to ignore them.

These tools have been explored, deployed, theorized about, and recently, criticized extensively. One set of critiques has focused on psychometric properties of the IAT, such as how scores are computed, whether there are precise cutoff points

between being “biased” and “unbiased,” and so on (e.g., Blanton & Jaccard, 2006; Mitchell & Tetlock, 2017). Another set of critiques has focused on more widely applicable criteria of psychometric strength, such as how well the IAT and other implicit measures predict behavior, whether they have acceptable test–retest reliability, and whether changes in implicit bias cause changes in behavior (e.g., Forscher et al., 2019; Machery, 2016, 2017; Oswald, Mitchell, Blanton, Jaccard, & Tetlock, 2013). At the same time, some philosophers, political theorists, and other social scientists have developed various “structuralist” critiques of implicit bias research (e.g., Anderson, 2010; Ayala, 2016; Ayala-López, 2018; Dixon & Levine, 2012; Dixon, Levine, Reicher, & Durrheim, 2012; Haslanger, 2015; Mallon, 2018). The core idea here is that disparate social outcomes and ongoing intergroup discrimination—the phenomena implicit bias research putatively aims to explain—are caused by structural features of society, not by biased individual minds. In fighting for equity, so the critique goes, our focus ought to be on poverty, housing segregation, social norms, mass incarceration, etc. Other critics have argued that implicit bias is unimportant compared with explicit bias (Hermanson, 2017) and that the implicit bias research program has been overhyped (Blanton & Ickler 2019; Jussim, 2018).

We are more sympathetic to some of these criticisms than others. Elsewhere we have addressed specific lines of criticism in detail (Brownstein, in press; Brownstein, Madva, & Gawronski, 2019; Gawronski, in press; Madva, 2016a, 2017). Here we step back from any one set of concerns in order to try to reframe the discussion a bit. We ask: *What do implicit measures measure?* By far, the most common way to answer this question is by postulating a specific kind of mental construct, one which putatively defines the nature of implicit bias. According to Greenwald and Banaji's (1995) influential definition, for example, implicit bias reflects “introspectively unidentified (or inaccurately identified) traces of past experience that mediate favorable or unfavorable feeling, thought, or action toward social objects” (p. 8). Other theorists have proposed alternatives. Proposals include claims that implicit biases should be understood as conscious propositional representations (De Houwer, 2014), unconscious beliefs (Mandelbaum, 2016), attitudes that affect behavior under certain conditions (Olson & Fazio, 2008; Petty, Briñol, & DeMarree, 2007), previously learned attitudes that coexist with newly formed attitudes (Wilson, Lindsey, & Schooler, 2000), and arational mental states with representational, affective, and behavioral components (Brownstein, 2018; Brownstein & Madva, 2012; Gendler, 2008a, 2008b; Madva & Brownstein, 2018). To some extent, the existence and influence of these competing definitions are the product of the multiple historical roots of research on implicit social cognition (e.g., research on implicit memory, on the one hand, and research on automatic processes in attention, on the other; for discussion of the relevant history, see Greenwald & Banaji, 2017; Payne & Gawronski, 2010). All of these proposals presume that implicit measures capture implicit bias and that implicit bias is some kind of mental construct. Another way to put this is that there is a general presumption in the literature that implicit measures are proxies for (contestably defined) mental constructs. Much of the criticism has thereby focused on whether these kinds of mental constructs exist, whether they can be adequately measured, and whether they have real-world significance. Do the data support the claim that people have unconscious attitudes? Do unconscious attitudes predict real-world behavior? And so on.

Rather than treat implicit measures as capturing proxies for mental states, we begin with the observation that implicit measures assess *behavior*. The IAT measures the speed and accuracy with which people sort pictures and words on a computer screen by pressing buttons on a keyboard; the Evaluative Priming Task (EPT; Fazio, Jackson, Dunton, & Williams, 1995) measures the speed and accuracy with which people classify positive and negative target words following the presentation of primes; and the AMP measures participants' evaluations of ambiguous stimuli following the presentation of primes. Keeping in mind that implicit measures capture various kinds of behavior allows us to treat statements about mental constructs as theoretical hypotheses that seek to explain test performance rather than as objects of assessment themselves. We propose that the status of implicit measures can best be assessed from this perspective. In other words, rather than begin with a theory of the psychological nature of implicit bias and then assess the strength of tests of this construct and their relationship to ecologically significant criteria (e.g., behavior outside the lab), we will consider the “behavioral” data itself (i.e., performance on categorization tasks like the IAT), what sorts of *other* outcomes it does and does not predict, and what sorts of hypotheses about the underlying psychological architecture these relationships do and do not support.<sup>1</sup>

Here is an analogy to clarify our approach: someone might hypothesize that performance in the decathlon predicts athletic performance in other sports. This theorist need not, at the start, identify what the decathlon is actually measuring “underneath” the athletic performance itself. The question is whether one set of athletic performances predicts other sets of athletic performances. The question of what specifically the decathlon is measuring is simply *another* question (or set of questions), constrained but not determined by research correlating decathlon performance with other behaviors. One of our guiding aims in this article is to emphasize that these are two distinct—but mutually informing—sets of empirical projects: (a) how different types of behavioral performance correlate with each other and (b) what might causally underlie either of those performances and their relation.

In this article, we identify several debates related to implicit measures, surveying prominent views and considerations in each. First, we summarize the debate regarding whether performance on implicit measures is explained by conscious or unconscious representations. Second, we discuss the cognitive structure of the operative constructs: are they associatively or propositionally structured? Third, we review debates about whether performance on implicit measures reflects traits or states. Fourth, we discuss the question of whether a person's performance on an implicit measure reflects characteristics of the person who is taking the test or characteristics of the situation in which the person is taking the test. Finally, we survey the debate about the relationship between implicit measures and (other kinds of) behavior.

## 2 | CONSCIOUS OR UNCONSCIOUS REPRESENTATIONS

Some influential theories define implicit bias in terms of unconscious attitudes. This characterization is the one largely used in trade books, newspapers, magazines, and so on, where the impression is often given that implicit bias is synonymous with “unconscious bias.” Greenwald and Banaji's (1995) definition (quoted above), which defines implicit bias in terms of introspective failures to identify the elements of past experiences that influence one's current feelings, thoughts, and behavior, has been highly influential in popularizing this idea. More recently, however, Greenwald and Banaji (2017) adopted an approach closer to the one we recommend here. They argue that “implicit” ought to be used in an “empirical” rather than “conceptual” sense. The empirical sense refers to studies employing indirect techniques for measurement (i.e., without directly asking subjects what they think about some topic). The conceptual sense refers to a certain kind of mental construct (viz an unconscious one).

There are two principal reasons to support the hypothesis that what explains performance on measures like the IAT are introspectively inaccessible (or inaccessed) representations. The first derives from anecdotal reports that when people are informed of their results on these tests, they often experience or express surprise and consternation (e.g., Banaji, 2011; Krickel, 2018). Such anecdotes have been taken to suggest that one *discovers* one's implicit biases (viz unconscious attitudes) by taking the relevant tests, just as one might discover that one has high cholesterol by having a blood test. The second reason is that meta-analyses have found relatively low correlations between implicit and explicit measures ( $r = .2-.25$ ; Cameron, Brown-Iannuzzi, & Payne, 2012; Hofmann, Gawronski, Gschwendner, Le, & Schmitt, 2005). This finding suggests significant dissociation between people's putative implicit and explicit biases. The hypothesis that people are unaware of their implicit biases could explain this dissociation.

However, conceptual and empirical reasons have been given for questioning whether implicit biases are unconscious. One conceptual concern is that it is unclear what exactly people fail to introspect. As Gawronski, Hofmann, and Wilbur (2006) pointed out, people may be unaware of the source of their attitudes (e.g., the past experiences that shape their evaluations of black and white people), the content of their attitudes (e.g., what their evaluations of black and white people are), or the effects their attitudes have on their behavior (e.g., how they evaluate CVs of equally qualified black and white candidates). Yet, even for openly reported preferences, such as a love of coffee or a hatred of cilantro, people might not know all their sources and effects. An avowed racist who openly disparages nonwhite people might have no idea where his views came from, and he might sincerely deny that his negative treatment toward a *particular* black individual (such as a job applicant) was influenced by his general negative attitudes. Thus, with regard to the distinction between implicit and explicit measures, the critical question is whether people are unaware of the content of their attitudes, as they are reflected on implicit measures.

The reasons given for lack of content awareness are themselves open to interpretation. For example, the experience of surprise after being told that one has certain implicit biases may be an artifact of the form in which test feedback is given (Gawronski, in press; Hahn, Judd, Hirsh, & Blair, 2014). It is also unclear to what extent people experience surprise or are merely expressing surprise given perceived social pressure to do so, or simply experience defensiveness because being accused of racial biases that run counter to one's explicit self-conception is painful (e.g., Howell, Gaither, & Ratliff, 2015; Howell & Ratliff, 2017). It is further unclear *how many* people experience surprise, as evidence for this is primarily anecdotal; it could be, for example, a matter of individual differences, such that some people are less disposed to introspective self-examination than others and so are more surprised to learn about biases that other people notice in themselves more regularly. Relatedly, perhaps most people *can* access their attitudes, but only some *do*.

There is also more to be said about meta-analyses demonstrating dissociations between implicit and explicit measures. One possibility is that these dissociations are explained by the principle of correspondence (Ajzen & Fishbein, 1977). If the attitude-objects of explicit measures and the attitude-objects of implicit measures are not well matched, then the principle of correspondence predicts that participants' scores on these tests will not be strongly correlated. Existing meta-analyses that have coded for implicit/explicit correspondence have indeed found higher correlations between implicit and explicit measures when

they are matched in terms of the correspondence principle (Hofmann et al., 2005; see also Payne, Burkley, & Stokes, 2008 for discussion of the influence of structural fit on correspondence between implicit and explicit measures). Finally, a series of experiments puts additional pressure on the hypothesis that unconscious attitudes explain performance on implicit measures. When people are told that the IAT is “as close to a lie detector test as is possible,” for example, there is significantly stronger association between their IAT scores and their scores on corresponding explicit measures (Nier, 2005). Recent studies also found that simply telling participants to attend to their “gut feelings” or spontaneous affective reactions toward minority groups significantly increased their acknowledgment of bias (Cooley, Payne, Loersch, & Lei, 2015; Lee, Lindquist, & Payne, 2017), and to just the same extent as asking participants to predict their IAT scores—even if participants did not actually take IATs (Hahn et al., 2014; Hahn & Gawronski, 2019; Rivers & Hahn, 2018). Finally, research by Hahn et al. (2014) suggests that people are surprisingly accurate in predicting their scores on future IATs, which poses a challenge to the hypothesis that people are unaware of their implicit biases.

As evidence for people's awareness of their implicit biases accumulates, “hard evidence that people have attitudes and beliefs that they don't know about, or can't know about when they try, is difficult to find” (Hall & Payne, 2010). Many theorists of course do not deny that people have unconscious biases or that a great proportion of mental life is consciously inaccessible. The debate here is whether implicit measures per se assess such unconscious processes or representations. If consensus continues to grow that implicit biases are consciously accessible, it is fair to ask what makes them “implicit” at all. Diversity trainers and journalists often refer to “implicit bias” and “unconscious bias” interchangeably. However, the explicit/implicit divide in cognition has historically been associated with a variety of other contrasts, including controlled versus automatic, slow versus fast, associative versus nonassociative, effortful versus effortless, and voluntary versus involuntary. (See Brownstein, 2018 for historical and contemporary usage of the term “implicit” in philosophy and psychology.) Moreover, as we explained in Section 1, a more minimal and less theoretically committal interpretation is available, wherein “implicit” simply refers to tests that do not explicitly ask participants to report their thoughts and feelings (as in, “implicit measures”).

### 3 | ASSOCIATIVE AND/OR PROPOSITIONAL REPRESENTATIONS

Perhaps equally influential as the idea that implicit measures capture unconscious representations is the idea that they capture associations. These accounts are orthogonal, as associations could be either conscious or unconscious. The hypothesis that associations of some kind (whether conscious or unconscious) are responsible for test performance is pervasive in the literature. As Kelly and Roedder (2008) and Mandelbaum (2016) have pointed out, the IAT stands for the *Implicit Association Test*, after all. Leading theorists repeatedly define “implicit bias” in terms of associative mental states. Nosek et al. (2007), for example, write that “the IAT (Greenwald et al., 1998) assesses associations between two concepts (e.g., black people and white people) and two attributes (e.g., good and bad)” (p. 8; although note that elsewhere Nosek has been more agnostic about the structure of implicit representations, e.g., Greenwald, Nosek, Banaji, & Klauer, 2005).

One deflationary interpretation is that “associative” and its cognates are used in the literature as theoretically noncommittal placeholders for whatever structure the mental constructs assessed by implicit measures have (Greenwald & Banaji, 2017). But the more pervasive interpretation situates “associations” as part of dual-system and/or dual-process psychology. In early social cognition research, associations were taken to be characterized by slow learning and relative inflexibility (e.g., Smith & DeCoster, 2000). More recent theorizing (e.g., Strack & Deutsch's, 2004 Reflective-Impulsive Model) interprets performance on implicit measures in terms of an “impulsive system” that influences approach and avoidance behaviors by “spreading activation” within associative networks. This spreading-activation mechanism contrasts with the mechanism underlying a “reflective system” that influences behavior through propositional reasoning.

Gawronski, Brannon, and Bodenhausen (2017) recommend distinguishing three senses in which associative constructs might explain test performance. (See De Houwer, 2009 and Mandelbaum, 2016 for related discussion.) First, the processes by which an agent learns information may be associative. The core idea of associative learning is that observed co-occurrences create direct links between concepts in memory. The alternative to this view is propositional learning, which is sensitive to the perceived truth or falsity of observed relations between co-occurring events (e.g., stimulus A starts vs. stops the co-occurring stimulus B). Second, the structure of representations stored in memory may be associative. The core idea of associative structures is that token associations are defined in terms of the relative strength of the links between nodes (e.g., that A is strongly or weakly linked to B). Propositional structures, by contrast, specify how concepts are related (e.g., that A *causes* B or that A *prevents* B). Representations with propositional structures can capture the truth or falsity of information, while representations with associative structure cannot (see discussion below). Relatedly, representations with propositional structure can be subject to inferential transitions between thoughts (e.g., modus tollens), while representations with associative structure cannot. Third,



the processes by which representations influence behavior may be associative. In this sense, associative processes of feature-matching and spreading activation have been assumed to underlie the activation of stored representations, while propositional processes are concerned with the validation of activated representations (Gawronski & Bodenhausen, 2006). The core idea here is that associatively activated representations can directly influence spontaneous reactions to an object even when the content of these representations is rejected as invalid. In contrast, deliberate actions are assumed to be the product of reflectively generated intentions based on activated information that is deemed valid (Strack & Deutsch, 2004).

The key question for assessing whether there is an evidence for an associative-propositional distinction in *learning* has to do with sensitivity or insensitivity to information about the substantive relationships between co-occurring stimuli. Specifically, do people link co-occurring stimuli regardless of the relationship between those stimuli? It is thought to be evidence of dissociation between associative and propositional processes in learning if people link co-occurring stimuli regardless of their relation. For example, Moran and Bar-Anan (2013) presented participants with a neutral stimulus that either started or stopped a pleasant or unpleasant sound. On an explicit measure, participants preferred stimuli that started pleasant sounds to stimuli that started unpleasant sounds, and conversely preferred stimuli that stopped unpleasant sounds to stimuli that stopped pleasant sounds. But on an implicit measure, participants' evaluations simply reflected the co-occurrence of stimuli; they preferred the stimuli that were paired with pleasant sounds to the stimuli that were paired with unpleasant sounds, regardless whether the stimuli started or stopped the sounds. While some studies have found similar dissociations (e.g., Hu, Gawronski, & Balas, 2017, Experiments 1 and 2), others have failed to find it, showing effects of relational information on both explicit and implicit measures (e.g., Gawronski, Walther, & Blank, 2005; Hu et al., 2017, Experiment 3). At this point, the critical question is whether these inconsistent findings are better explained in terms of two functionally distinct learning mechanisms (i.e., associative vs. propositional learning) or rather by other factors, such as how stored relational information is retrieved, influencing how behavior is expressed (Hu et al., 2017; Van Dessel, Gawronski, & De Houwer, in press).

Distinguishing between *representations* with associative and propositional structure depends on background theories about what kinds of mental systems can represent complex relations between stimuli, such as how the stimuli are related. De Houwer (2009) and Mandelbaum (2016) argue, for example, that associative structures cannot represent complex relations between stimuli, while Gawronski and Bodenhausen (2018) argue that they can. Here we note only the difficulty of assessing the structure of hypothesized mental representations from behavioral data (see De Houwer et al., 2013). For example, Mandelbaum (2016) argues that, “we can infer whether a given cognitive structure is associative by seeing how certain types of information modify (or fail to modify) behaviors under the control of the cognitive structures” (p. 6). Many studies have proceeded in this vein, by exploring whether verbal information with propositional content (such as information about the consequences of a certain action) exerts an effect on performance on implicit measures (e.g., Mann & Ferguson, 2017; Van Dessel, De Houwer, & Smith, 2018). We recommend caution, however, in interpreting these kinds of findings as unambiguous evidence regarding the *structure* of mental representations. First, some leading theories that appeal to associative processes have from the outset proposed causal pathways by which propositional processes can influence associative processes, and vice versa (Gawronski & Bodenhausen, 2006). Second—and this returns us to our central point of emphasis in this paper that implicit measures assess behavior—evidence that propositionally rich information changes performance on, say, an IAT or AMP tells us relatively little about the specific underlying constructs responsible for that behavioral performance. For example, with regard to the relative impact of co-occurrence and relational information, potential dissociations between implicit and explicit measures may reflect differences in (a) learning mechanisms, (b) mental representations, or (c) processes during the expression of a behavioral response (Hu et al., 2017). In line with this concern, Van Dessel et al. (in press) pointed out that differential effects of co-occurrence and relational information on implicit and explicit measures may not be due to two functionally distinct learning mechanisms (i.e., associative vs. propositional learning) or two distinct forms of memory representation (e.g., associative vs. propositional representations). Instead, the observed dissociations may simply reflect differences in the retrieval of stored propositional information, given that (a) responses on implicit and explicit measures differ in terms of their relative speed and (b) fast responses are more likely affected by incomplete retrieval of stored information (e.g., retrieval of *A is related to B* rather than *A prevents B*). Formal modeling techniques for analyzing the multiple causal contributions to overt behavioral responses may help to overcome these ambiguities (e.g., Conrey, Sherman, Gawronski, Hugenberg, & Groom, 2005; Heycke & Gawronski, 2019; Hütter & Sweldens, 2018).

Finally, the associative-propositional distinction can be unpacked in terms of the *behavioral expression* of evaluative representations. On this view, implicit measures capture the behavioral effects of associatively activated representations, while explicit measures capture the behavioral effects of propositionally validated representations (Gawronski & Bodenhausen, 2006, 2011). Alternatively, it may be that even speeded responses on implicit measures are shaped by quick propositional inferences (De Houwer, 2014). The warrant for distinguishing associative and propositional processes during the expression

of mental representations derives from the predictions one can make on its basis. For example, expanding on the predictions derived from dual-process theories, implicit and explicit measures have been used to predict different kinds of behavior (e.g., spontaneous vs. deliberate behavior), the same behavior under different conditions (e.g., under cognitive load), and the behavior of people with varying personality traits (e.g., intuitive vs. deliberative thinking style). (See Brownstein et al., 2019; Friese, Hofmann, & Schmitt, 2008, for extensive discussions of evidence for these predictions.) As we discuss below, these behavior-, context-, and person-related variables should and do moderate the relations between implicit measures and other kinds of behavior (e.g., evaluating CVs).

## 4 | TRAITS OR STATES

We have so far reviewed two hypotheses about the nature of the mental constructs underlying performance on implicit measures. Another debated issue is whether performance differences on implicit measures reflect differences in traits or states. Before moving on, however, we note one potential terminological ambiguity in this section. One way of understanding the difference between traits and states has to do with how stable a given construct is over time and across situations (We discuss a second way of understanding this difference below). If you have detested sour cream for a long time, and dislike it no matter the dish it is in, then your aversion to sour cream is trait-like. If, however, you like sour cream some days but not others, or when in the company of certain friends but not others, then your feelings toward sour cream are more state-like. Long-standing debates in psychology focus on whether constructs like attitudes, self-esteem, and so on are more trait-like or more state-like (e.g., Fazio, 2007; Schwarz, 2007).

At present, there is significant evidence that the constructs captured by implicit measures fluctuate considerably over time. Multiple longitudinal studies have demonstrated low correlations between individuals' scores on implicit measures across days, weeks, and months (Cooley & Payne, 2017; Cunningham, Preacher, & Banaji, 2001; Devine, Forscher, Austin, & Cox, 2012; Gawronski, Brannon, & Bodenhausen, 2017; Gawronski, Morrison, Phillips, & Galdi, 2017). Moreover, scores on implicit measures appear to be more temporally unstable than individuals' scores on corresponding explicit measures (Gawronski, Brannon, et al., 2017; Gawronski, Morrison, et al., 2017).

Whether this temporal instability is a virtue or a vice of implicit measures depends on one's hypotheses about what they "should" be measuring. If they are intended as measures of spontaneous affective reactions (a type of transient state; Gawronski & Bodenhausen, 2006), then we should predict large fluctuation across contexts (one's spontaneous reactions toward images of black people may differ dramatically after watching the film *Black Panther* versus after watching Fox News coverage of "Black Lives Matter"). However, if they are intended to "diagnose" relatively stable traits akin to intelligence or political party affiliation, then we should predict less fluctuation.

One possibility is that at least some of the temporal instability of implicit measures is due to measurement error. In line with this idea, some novel approaches have been successful in improving the temporal stability of implicit measures. Cooley and Payne (2017), for example, show significantly increased temporal stability in AMP scores when images of target groups, rather than images of target individuals, are used (e.g., a group of white people, rather than one white man's face). Embracing the idea that implicit measures capture both traits and states, other researchers have been working to disentangle the relative contributions of trait and state components to performance on implicit measures. For example, Dentale, Vecchione, Ghezzi, and Barbaranelli (2019) used implicit and explicit measures at multiple occasions and concluded that implicit measures reflect a mix of state (occasion-specific) and trait (temporally stable) components (see also Koch, Ortner, Eid, Caspers, & Schmitt, 2014; Lemmer, Gollwitzer, & Banse, 2015; Schmukle & Egloff, 2005). Another important consideration has to do with the comparison of measures in different content domains. Implicit measures of political attitudes, for example, appear to be significantly more stable than implicit measures of racial attitudes (Gawronski, Brannon, et al., 2017; Gawronski, Morrison, et al., 2017). This result mirrors findings using explicit measures of political and racial attitudes. Finally, it is worth noting that measuring the transient thoughts and feelings that people have in specific contexts can be valuable both for explanatory and normative reasons. If tired people reliably show more bias on implicit measures than well-slept people, for example, then we will not only understand a feature of the dynamics of short-term changes in implicit bias, but also a potential element of mitigating bias (e.g., by instituting limits on the number of hours police officers can work in one stretch).

A second way of understanding the difference between traits and states has to do with metaphysics. This approach builds upon long-standing debates in philosophy of mind between dispositionalists and representationalists. The former, which has historical ties to behaviorist and eliminativist approaches to the mind, define concepts like belief, desire, and imagination in terms of dispositions to behave in particular ways. For example, to establish that Kayla believes that it is raining outside, a dispositionalist would point to Kayla's behavior, such as whether she wears a raincoat. (Some dispositionalists would point

not only to Kayla's behavior, but to the nexus of her actions, feelings, statements, etc.) Representationalists define concepts like belief in terms of internal, representational structures of the mind. For Kayla to believe that it is raining outside is for Kayla's mind to be in a particular state that corresponds to this belief.

We have described prominent representationalist theories of implicit bias above, some of which suggest that the internal, representational structures are associative and some of which suggest that they are propositional. Other theorists have argued for a dispositional approach to implicit bias, understood in this second, metaphysical sense. For example, Schwitzgebel (2010) argues that implicit measures reveal “in-between beliefs.” That is, measures like a race-intelligence IAT demonstrate that people often display part of the dispositional profile associated with racial bias, but not the full dispositional profile. They might unreflectively perceive white people to be more intelligent than black people but fail to report that they believe whites are more intelligent than blacks. Thus, because their dispositional profile is “mixed,” people cannot be said to believe, or fail to believe, that white people are more intelligent than black people. Rather, they have an in-between belief.

This broad dispositional approach to attitudes—particularly to the attitude of belief—is hotly contested (see Carruthers, 2013). One core challenge for it is to explain what seems to be an important disanalogy between trait-based explanations of action and mental state-based explanations of action. As Carruthers (2013) points out, traits are explanatory as generalizations. To say that Fiona returned the money because she is honest is to appeal to something Fiona would typically do (which perhaps matches a folk-psychological stereotype for honesty). But mental states are explanatory as token causes (of behavior or other mental states). To say that Fiona returned the money because she believes that “honesty is the best policy” is to say that this token belief caused her action in this particular case. Schwitzgebel's broad dispositional approach seems to elide this disanalogy (for replies see Schwitzgebel, 2002, 2013). A related worry has to do with circularity in locating a trait and then using it to predict outcomes. We know a person has a trait (e.g., honesty) because they act in honest ways (e.g., not lying). To then use the trait of honesty to predict whether someone will lie risks confusing description with explanation (Bandura, 1971, 1978; Cervone, Caldwell, & Mayer, 2015; Mischel, 1968; Payne, Vuletich, & Lundberg, 2017).

A second trait-based approach for conceiving implicit measures takes them to capture part of the psychological basis of dispositions (Machery, 2016, 2017). Machery retains a mental state account of propositional attitudes, according to which, for example, beliefs are stored in and retrieved from a computationally defined, neurally realized “belief box.” But according to Machery, attitudes (in the sense that psychologists rather than philosophers use the term, to refer to likings or dislikings) are multitrack dispositions, akin to personality traits. Attitudes do not occur and are not realized in the brain (though they depend in part on brain states). Machery argues that there are various bases that together comprise an attitude. These include feelings, associations, behavior, and propositional attitudes like beliefs. Implicit measures, on this picture, capture one of the many psychological bases of the agent's overall attitude. Explicit questionnaire measures capture another psychological basis of the agent's attitude, behavioral measures yet another basis, and so on. An upshot of this view is that there are no such things as *implicit* attitudes. The reason for this is that the view asserts that attitudes are traits, and traits (like being courageous or extraverted) do not divide into implicit and explicit kinds. A concept like “implicit courageousness” is meaningless, Machery argues. Rather, associations between concepts—which may be implicit in the sense of unconscious or difficult to control—are simply one of the bases of an attitude, as are low-level affective reactions and the like.

The difficulties stated above about whether traits are explanatory apply here too. It is also unclear to what extent both kinds of trait-theories are empirically tractable or whether they are rather efforts at metaphysical housekeeping alone. Moreover, one might question Machery's claim that the implicit/explicit distinction does not apply to traits. There are, in fact, implicit measures of personality, and these sometimes dissociate from explicit measures. Moreover, implicit and explicit measures of personality predict different kinds of behavior (e.g., Asendorpf, Barse, & Mücke, 2002; Back, Schmukle, & Egloff, 2009; Dentale et al., 2019; Grumm & von Collani, 2007; Vianello, Robusto, & Anselmi, 2010). For example, someone might be courageous in the heat of the moment when they do not have time to think about it, but, when they do have time to think, they second-guess their courageous impulses and act in more cowardly ways.

Finally, Machery's approach is based on his assessment of the apparent psychometric weakness of implicit measures. Specifically, he cites meta-analytic data suggesting that various implicit measures do not correlate with each other, do not predict behavior, and are unstable over time. The trait view, in other words, treats much of the data in research on implicit measures as simply reflecting measurement error. Were implicit measures psychometrically “stronger,” we would have reason to think that they capture “full” traits, on Machery's view. But if it is right to consider implicit measures as psychometrically weak, then we have reason to think that what they capture are only the partial basis of traits. To the extent that Machery's account is found on psychometric concerns rather than higher-level theoretical positions, one challenge is explaining aspects of implicit measures that are not likely attributable to measurement error, such as the high stability of these measures over time when

results are aggregated at the county, state, and country-level, and that systematic evaluations have found no evidence of publication bias or a file-drawer problem (see Brownstein et al., 2019; Kurdi et al., 2018; Machery, 2017; Payne et al., 2017).

## 5 | PERSON OR SITUATION

A question closely related to the trait versus state issue is whether a person's performance on an implicit measure reflects characteristics of the person who is taking the test or characteristics of the situation in which the person is taking the test.<sup>2</sup> Although tensions between person- and situation-based accounts of attitudes and implicit bias have been recurring for decades (Payne & Gawronski, 2010), situation-based approaches gained new “fuel” by what Payne et al. (2017) call the “bias of crowds” model. This model is meant to address five common findings: (a) average group-level scores of implicit bias are very robust and stable; (b) children's average scores of implicit bias are nearly identical to adults' average scores; (c) aggregate levels of implicit bias at the population level (e.g., regions, states, and countries) are both highly stable and strongly associated with discriminatory outcomes and group-based disparities; yet, (d) individual differences in implicit bias have small-to-medium zero-order correlations with discriminatory behavior; and (e) individual test–retest reliability is low over weeks and months.

But how could implicit measures be so powerful at the group level, as in (a)–(c), while so volatile at the individual level, as in (d) and (e)? The bias of crowds model accounts for the stark differences between individual- and group-level data by appealing to the “accessibility” of social concepts in individuals' minds, that is, the “likelihood that a thought, evaluation, stereotype, trait, or other piece of information” becomes activated and poised to influence behavior. Payne et al. argue that concept accessibility varies primarily and dramatically as a function of the situation the individual is in. By analogy, one might predict, for example, that hearing someone shout “Fire!” will make very different concepts accessible depending on whether one is in a log cabin in the California woods or on a shooting range. Most research on implicit bias has focused on the differences between individuals in concept accessibility (e.g., by contrasting the behavior of individuals who do vs. do not automatically associate “black” with “weapon”), but Payne et al. propose that researchers focus anew on the situational causes of concept activation (e.g., contrasting the situations that do vs. do not activate black–weapon associations). “Although concept accessibility can, in principle, vary both chronically and situationally, there is little empirical evidence for chronic accessibility that gives rise to stable individual differences in implicit intergroup bias” (Payne et al. (2017), p. 236), they write. “Instead, most of the systematic variance in implicit biases appears to operate at the level of situations” (Payne et al. (2017), p. 236).

We support Payne and colleagues in calling for a renewed emphasis on situational moderators of the accessibility of the concepts underlying implicit bias. We urge caution, however, in conceiving of implicit measures as measures of situational factors as such. In seeing why, a comparison to research in personality psychology is instructive. Despite the binary uptake in recent philosophical discussion, which pits “persons” versus “situations” (e.g., Harman, 1999), it is a defining assumption of foundational theories that personality only emerges *in interaction with* situational variables (e.g., Bandura, 1978; Lewin, 1936; Mischel & Shoda, 1995; see Cervone, Shadel, & Jencius, 2001 for discussion). In the most general sense, the interactionist view states that personality consists of differences between how individuals react to situations, rather than general, context-free individual differences (Fleeson, 2004; see also Doris', 2002 account of “local traits”). Evidence for this view is that personality variables (e.g., “extraversion”) are weak predictors of how people will behave in any one given situation but are strongly correlated with behavioral trends over time (Fleeson, 2004). This is strikingly similar to the evidence Payne and colleagues marshal in favor of their bias of crowds model; implicit measures are weak predictors of how people will behave in any one given situation, but are strongly associated with aggregated data.<sup>3</sup>

In what might be a friendly amendment to Payne and colleagues' bias of crowds model, implicit measures might be conceived of as capturing proxies for person-by-situation interactions. In their reply to critics, Payne and colleagues posit concept accessibility as the mechanism linking systemic (i.e., situation-based) biases to cognitive processes. Theoretical predictions of concept accessibility via person-by-situation activation are many. For example, Samayoa and Fazio (2017) point to attitude strength. Stronger attitudes are associated with more powerful person-based effects; weaker attitudes are associated with more powerful situation-based effects. Gawronski and Bodenhausen (2018) point toward many more, most notably the way in which the same stimulus can activate different concepts for individuals, given the structure and strength of their mental associations (see Gawronski & Bodenhausen, 2006, 2011). Finally, we note that interactionism of this sort speaks to the question of whether performance on implicit measures points to state- or trait-like features of the mind (in the first sense of traits and states described in the previous section).



## 6 | PREDICTION OF BEHAVIOR

We do not have space to consider the full range of psychometric issues facing implicit bias research, so we focus here on behavioral prediction.<sup>4</sup> Meta-analytic estimates of average correlations between individuals' scores on implicit measures and measures of behavior have varied, from approximately  $r = .14$  to  $.37$  (Cameron et al., 2012; Greenwald, Poehlman, Uhlmann, & Banaji, 2009; Kurdi et al., 2018; Oswald et al., 2013). This variety is due to several factors, including the type of measures, type of attitudes measured (e.g., attitudes in general vs. intergroup attitudes in particular), inclusion criteria for meta-analyses, and statistical meta-analytic techniques. Nevertheless, according to standard conventions, all of these correlations are considered small to medium. From these data, critics have concluded that implicit measures, in particular, the IAT (Greenwald et al., 1998), are “poor” predictors of behavior. Oswald et al. conclude that “the IAT provides little insight into who will discriminate against whom, and provides no more insight than explicit measures of bias” (Oswald et al., 2013, p. 18). Many have taken Oswald et al.'s conclusion to be definitive (especially many critics outside psychology; e.g., Bartlett, 2017; Singal, 2017; Yao & Reis-Dennis, 2019).

Expectations about how well a given test performs should be calibrated to the difficulty of measuring what the test aims to capture. How predictively powerful should we expect implicit measures to be? If implicit measures are proxies for unconscious attitudes, for example, then we must consider what expectations we ought to have of the relations between unconscious attitudes and behavior. This is a virtue of resisting the tendency to define implicit measures in terms of unconscious attitudes, associations, etc. Treating conceptualizations of implicit bias as hypotheses about what explains test performance allows us to assess those hypotheses in terms of how well they explain the extant data regarding relations between test performance and (other kinds of) behavior.

Since the 1970s, attitude researchers have recognized that any valid attitude measure that ignores person-, context-, and behavior-specific moderators ought to find consistent, positive, but low predictive relations between attitudes and behavior (e.g., Zanna & Fazio, 1982). This has been the case with explicit measures, with few exceptions,<sup>5</sup> and it is exactly what has been found in meta-analyses of implicit measures. Not a single meta-analysis of implicit measures has reported nonsignificant correlations close to zero or negative correlations with behavior. Moreover, when the variables specified by extant theories are considered, relations between test performance and behavior are stronger. For example, Cameron et al. (2012) analyzed 167 studies that used sequential priming measures to predict behavior. They found a small average correlation between sequential priming scores and behavior ( $r = .28$ ). Yet, correlations were substantially higher under theoretically expected conditions and close to zero under conditions where no relation would be expected. Cameron and colleagues identified their moderators from the fundamentals of three influential dual-process models of social cognition.<sup>6</sup> While these models differ in important ways, they converge in predicting that implicit measures will correspond more strongly with behavior when agents have low motivation or low opportunity to engage in deliberation. A more recent meta-analysis of intergroup IAT studies focuses on both theoretical and design-related factors that moderate relations between implicit measures and behavior. Kurdi et al. (2018) find an average correspondence of  $r = .37$  in studies using the most effective IAT designs, for example, those that hew close to Ajzen and Fishbein's (1977) principle of correspondence, which states that attitudes better predict behavior when there is clear correspondence between the attitude object and the behavior in question.

## 7 | CONCLUSION

Elsewhere we have made recommendations for improving the science of implicit bias (Brownstein et al., 2019; Gawronski, in press). Here we have reviewed extant debates on what implicit measures measure. Toward this end, we advocated for a behavioral approach that treats performance outcomes on implicit measures as behaviors rather than direct indicators of mental constructs. This approach permits a theoretically agnostic assessment of different theories about the nature of and the mental constructs underlying implicit bias. While the data support some theories more than others, there is much more to learn about what implicit bias is, how it can be successfully measured, and what effects it has in the world. We wholeheartedly support continued research on these questions.

### CONFLICT OF INTEREST

The authors have declared no conflicts of interest for this article.

## ENDNOTES

- <sup>1</sup> For discussion of related proposals, see De Houwer, Gawronski, and Barnes-Holmes (2013) and Johnson (2019).
- <sup>2</sup> A version of the discussion in this section is found in Brownstein et al. (2019).
- <sup>3</sup> In the case of implicit bias, the data are aggregated between persons, as in Hehman, Flake, and Calanchini's (2017) research. In the case of personality measures, the data are aggregated within persons, at least in Fleenor's influential research. See Machery, 2017 for discussion. See also Rentfrow, Jokela, and Lamb (2015), for example, for research on between-individual, regional differences in personality traits, and see Madva (2016b) for empirical and normative discussion of individual-level factors and concept accessibility.
- <sup>4</sup> A version of the discussion in this section is found in Brownstein et al. (2019).
- <sup>5</sup> See discussion in Brownstein et al. (2019).
- <sup>6</sup> Specifically, from MODE model ("Motivation and Opportunity as Determinants"; Fazio, 1990), APE model ("Associative-Propositional Evaluation"; Gawronski & Bodenhausen, 2006), and MCM ("Meta-Cognitive Model"; Petty et al., 2007).

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